

# Make It Happen

## 1. Create Your Vision

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# Ways to Interact

Google+: Brighter Focus

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No more sacrifice!

Uncover your passion

+

Create balance

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Live your dreams **NOW**

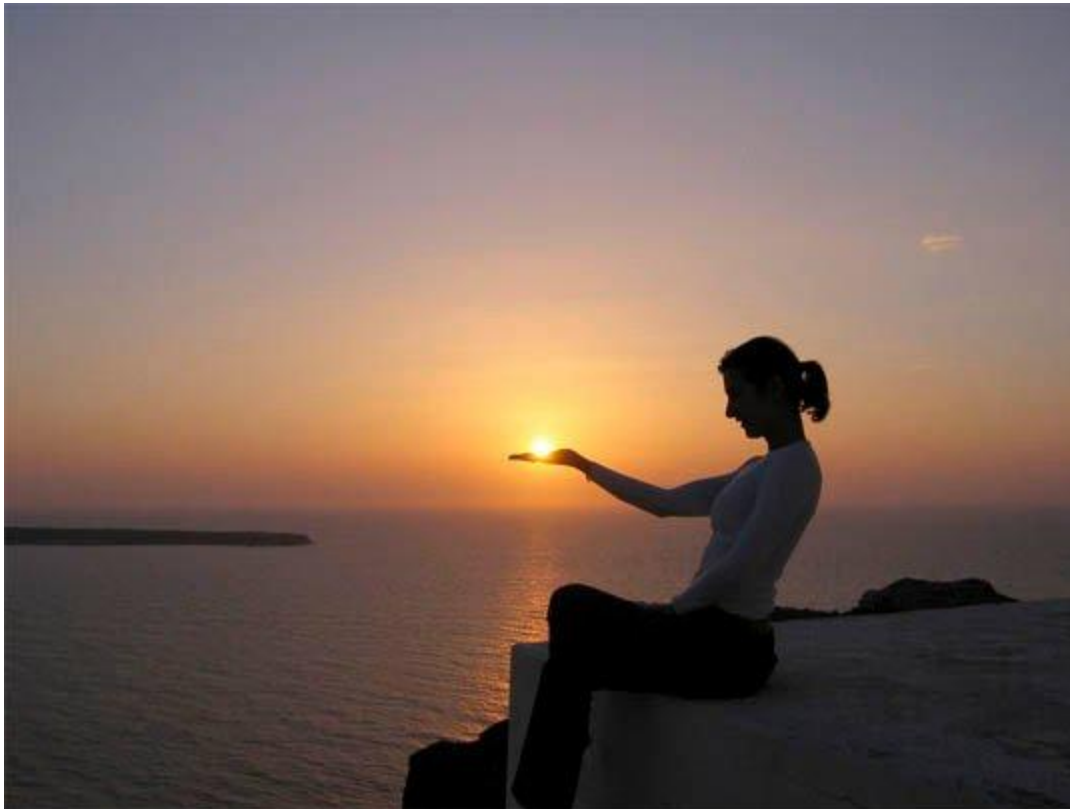
# What is Make It Happen?

Helps answer the question:

"How can I actually make this thing happen that I've been wanting for so long?"

# Create Your Vision

The most important action in making your dream a reality.



# Use All of Your Senses

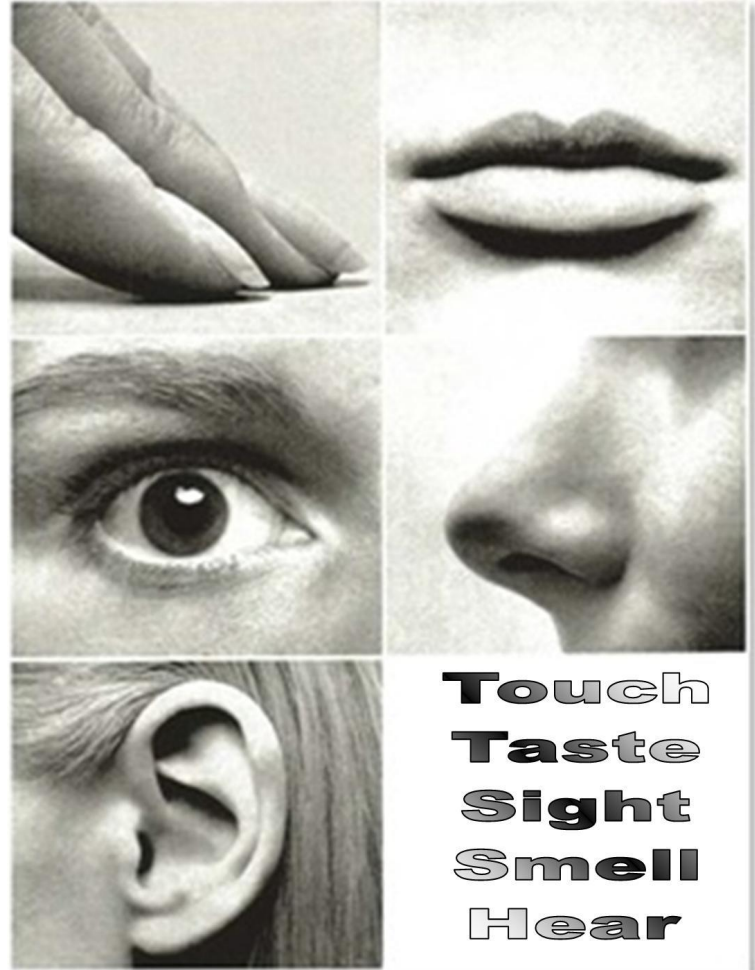
How does my dream look?

How does it taste?

How does it smell?

How does it sound?

How does it feel?



# Write It Down



- Create affirmations
- Write in detail what your dream looks like as if it has already happened
- Post notes around your house & car





# Keep It Fresh In Your Mind

- Post daily reminders
- Record yourself reading what you've written, then listen to it as you're driving
- Spend time meditating with your vision board or scrapbook daily
- Visualize your dream in detail as you fall asleep each night

# Vision Is More Important Than Action

- Visualizing an exciting goal raises your spirits & gives you energy to do what needs to be done.
- Having a crystal-clear vision for what you are creating allows your subconscious to work in harmony with your goals.
- Ineffective action has the potential to drain your energy and resources, while visualization always builds you up and prepares you to make the most of your action.

# Resources

- Your Heart's Roadmap: My tool for creating a crystal-clear vision of your dream
- Mike Dooley: tut.com Great books, audio programs, and inspirational emails for living your dreams
- Louise Hay: The affirmation-queen