

# Make It Happen

## 2. Break It Down

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# Ways to Interact

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#makeithappen

# What is Make It Happen?

Helps answer the question:

"How can I actually make this thing happen that I've been wanting for so long?"

# Break It Down

- What's it going to take?
- What's the very next step?
- Rinse & Repeat

# The *\*Very\** Next Step

- A single action
- A verb
- A time

# Example: Buy a new car

1. Get a license.
2. Save up money.
3. Go look at cars.
4. Sign paperwork.

# Example: Buy a new car

1. Get a license
  - a. Visit the DMV website
    - i. Find out: What are the requirements?
    - ii. Find out the hours they're open
  - b. Go to DMV to pick up a handbook
  - c. Study one hour/day
  - d. Call DMV to make a written test appointment
  - e. Take the test
  - f. Research driver's ed classes online
  - g. Call driving school to register
  - h. Go to driver's ed classes
    - i. Make appointment for drive test
    - j. Take drive test

# Dreams vs. Goals

- Dreams may be more nebulous and long-term
- Dreams have emotion behind them (Advantage!)
- Goals is my generic term for things you want to accomplish, big or small
- You work towards these the same way
- Tip: \*Harness the emotion\*



# Homework

With your crystal-clear vision in place:

- Write your answers to the “Break It Down” questions
- Break down the 1st goal into \*Very\* Next Steps
- Let me know how it goes!

# Resources

The backbone of my organizational and time management philosophy is base on:

- Getting Things Done, by David Allen

If you would like any additional support with this topic that I LOVE to help people on, please don't hesitate to call or email: 503-913-6368

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